

Information



Fees

Enrolled Patients

0 — 13 Years	\$0.00
14 — 17 Years	\$40.00
18 — 24 Years	\$51.00
25 — 64 Years	\$59.00
65+ Years	\$50.00

CSC Holders

0 — 13 Years	\$0.00
14 — 17 Years	\$13.00
18+ Years	\$19.50

Casual Patients

0 — 5 Years	\$40.00
6 — 13 Years	\$60.00
14 — 17 Years	\$80.00
18+ Years	\$102.00

Standard consultations are 15 minutes long. Let us know if you need more time.

After Hours Care

After hours care for urgent medical problems is provided through the 24/7 Kenepuru Accident & Medical service.

(04) 918 2300
Kenepuru
Hospital Rahia
Street, Porirua

Enrolment

Enrolling is free and voluntary. If you choose not to enrol you can still receive health care services from your chosen GP, general practice or primary health care services provider.

Welcome to Mana Medical

Mana Medical is a general practice providing a service of highest quality to each of our patients. Founded in 1975, we are well established in the area with a good understanding of local needs.

This sheet gives you instant access to important information regarding our medical practice. Please keep it in a safe place.

Services

Our clinical team can assist you with the vast majority of your healthcare needs. Our services include:

- + Regular Checkups
- + Women's Health
- + Family Planning
- + Minor Surgery
- + Repeat Prescriptions
- + Referrals
- + Diabetes Clinic
- + Nurse Clinics
- + Men's Health
- + Sexual Health
- + Pregnancy Care
- + Travel Medicine
- + Immunisations
- + Specialists
- + Lab Tests
- + Counselling

Doctors

Dr Maki Jagose
Dr George Karageorge
Dr Charlotte Dempster
Dr Rini Chegudi
Dr Katie Donegan
Dr Caroline Armstrong
(currently on maternity leave)
Dr David Donegan
Dr Eeva Alhava

Nurses

Catherine Metcalfe
Jamie Ryan
Kate Temarama
Mhairi Palmer
Julie Gordon
Carissa Moug
Debbie Kerkvliet
Katrina McGregor (PCPA)

You can access your test results via our online patient portal or by calling the practice on (04) 233 8019. Please ask reception staff for patient portal instructions should you require these.

Appointments

Please ring **(04) 233 8019** for an appointment.

Every effort will be made to accommodate your preferred time. However, emergencies will always be given priority. Our reception staff will attempt to contact you if there are any unforeseen delays or if your GP has been called away.

Longer consultation times are available. Please ask our receptionist if you require extra time but be aware there is a fee.

Payments

Fees are payable at the time of consultation.

We accept cash, eftpos, cheque, visa, mastercard and online payments. Paywave is available. Southern Cross easy claims service.

Fees for enrolled and registered patients are subsidized by the Government for various age groups and services listed at the practice.

Please ask our reception staff for more information.

Repeat Prescriptions

Repeat scripts are issued at the discretion of your doctor. You will be required to see your doctor for a review at least 12 months. A script can be issued for a maximum of 3 months' supply of medication and is only valid for 3 months from date of issue.

Please allow 48 hours for a script to be available.

Please inform us of the pharmacy you are needing the script to be sent to electronically.

Patient Portal

ManageMyHealth is a secure online tool that lets patients manage their health in a modern and convenient manner. Registering is free and simple. Sign up at your next appointment, go to our website or call us on **(04) 233 8019**. Our reception staff can guide you through the process, and verify your identity, with ease.

Travel Medicine

Mana Medical's travel clinic offers a full range of both pre- and post-travel consultations, including specialist vaccines, yellow fever, rabies and Japanese encephalitis.

Our aim is to encourage and promote safe and healthy travel, so you can enjoy your adventures.

Personal Information

Your medical record is a confidential document.

It is the policy of this practice to maintain security of personal health information at all times and to ensure that this information is only available to authorised staff members.

General Information:

Mana Medical
107 Mana Esplanade
Paremata
Porirua 5026
New Zealand

Located on State Highway 1, our premises are easily accessible. Full facilities for the disabled and ample parking is available.

A pharmacy (Mana Pharmacy) is located on site.

Please dial 111 in emergencies.

Monday to Thursday — 8AM to 6PM
Friday — 8AM to 5PM
Weekends & Public Holidays — closed

Phone: (04) 233 8019(8AM-5PM daily)
Fax: (04) 233 8056

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Phone: (04) 918 2300
Kenepuru Hospital, Rahia Street, Porirua